

## JOIN US FOR A Smart Cycling Class

from the League of American Bicyclists
Taught by League Cycling Instructors (LCIs) with the
Fresno County Bicycle Coalition



## Part I – Virtual Classroom Session

May 6, 2023, 3:00 pm to 6:00 pm Learn about bicycling and the law and riding safely on various types of bikeways and roads, in the dark, and in different weather conditions. Free.

## Part II - On-Bike Session

May 7, 2023, 9:00 am to 2:00 pm
Learn bike handling skills, with parking lot drills at the Tulare County Association of Governments (TCAG) located at 210 N Church Street in Visalia. There will be a 10-mile bike ride on city streets. Completion of Smart Cycling Part I is required to attend Part II. Cost is \$25 and includes a Smart Cycling Manual.

Register online at fresnobike.org beginning April 20, 2023. Any questions? Contact john@fresnobike.org.

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FresnoBike.org









## **League Cycling Instructors (LCIs)**



LCIs are ambassadors for better biking through their education efforts. After earning certification through a three-day, League Coach-led seminar, LCIs can teach a variety of Smart Cycling classes to children as well as adults, helping them feel more confident and secure about riding. From our youth focused classes to our Bicycle Friendly Driver curriculum, LCIs can educate people who bike and drive how to safely and legally share the road.



Day 1: Friday (6/23) I 4:00 – 8:00 PM Introductions, review of teaching strategies and train the trainer skills.

Day 2: Saturday (6/24) I 8am – 9:30pm
Day time road ride followed by handling and avoidance training drills. Break for lunch.
Students given presentations followed by critique. Break for dinner. More student presentations and critique followed by a night ride.

Day 3: Sunday (6/25) I 8am – 3:00pm Introduction to different types of League Curricular including Smart Cycling, Commuting, Motorists, Kids and Group Riding Skills. Break for lunch. Marketing your classes and final goodbyes.

Early Bird registration price: \$500.00 | https://bikeleague.org/calendar

Successful completion of the Smart Cycling Complete Class is necessary prior to the Seminar. Next Smart Cycling Class is available May 6 & 7 in Visalia (See Smart Cycling Flyer)

Scholarships are available upon successful application. Cyclists who live in rural areas of Tulare County, are Spanish speaking, women or low-income are encouraged to apply. Scholarship are available online at **tularecog.org/tcag** or email <a href="mailto:sbhongir@tularecag.ca.gov">sbhongir@tularecag.ca.gov</a>